

2001 California Children's Healthy Eating and Exercise Practices Survey

Table 5: Range in Number of Servings of Salads Eaten per Typical Weekday for All Eating Occasions (Diary Sample)

How many servings of each (fruits, vegetables, 100% juices (vegetable or fruit), salads) did your child eat/drink in this category?

	Servings of Salads, Percent	
	0 ¹	1+
Total	88	12
Gender		
Males	88	12
Females	87	13
Ethnicity		
White	89	11
African American	90	10
Latino	84	16
Asian/Other	91	9
Income		
≤\$19,999	82	18
\$20,000 - \$49,999	87	13
≥\$50,000	89	11
Federal Poverty Level		
≤ 185%	86	14
> 185%	88	12
Food Stamps		
Yes	82	18
No	88	12
Overweight Status		
Not at Risk	86	14
At Risk/Overweight	90	10
Physical Activity		
≥60 minutes	86	14
<60 minutes	89	11
School Breakfast		
Yes	82	18
No	89	11
School Lunch		
Yes	85	15
No	92	8
Nutrition Lesson		
Yes	87	13
No	88	12
Exercise Lesson		
Yes	88	12
No	86	14

¹ Categorized as having 0.5 servings or less.

A box around a group of numbers signifies that differences observed within this group are statistically significant.

Chi Square Test

* p<.05

** p<.01